

MALAYSIA

THE PEAK

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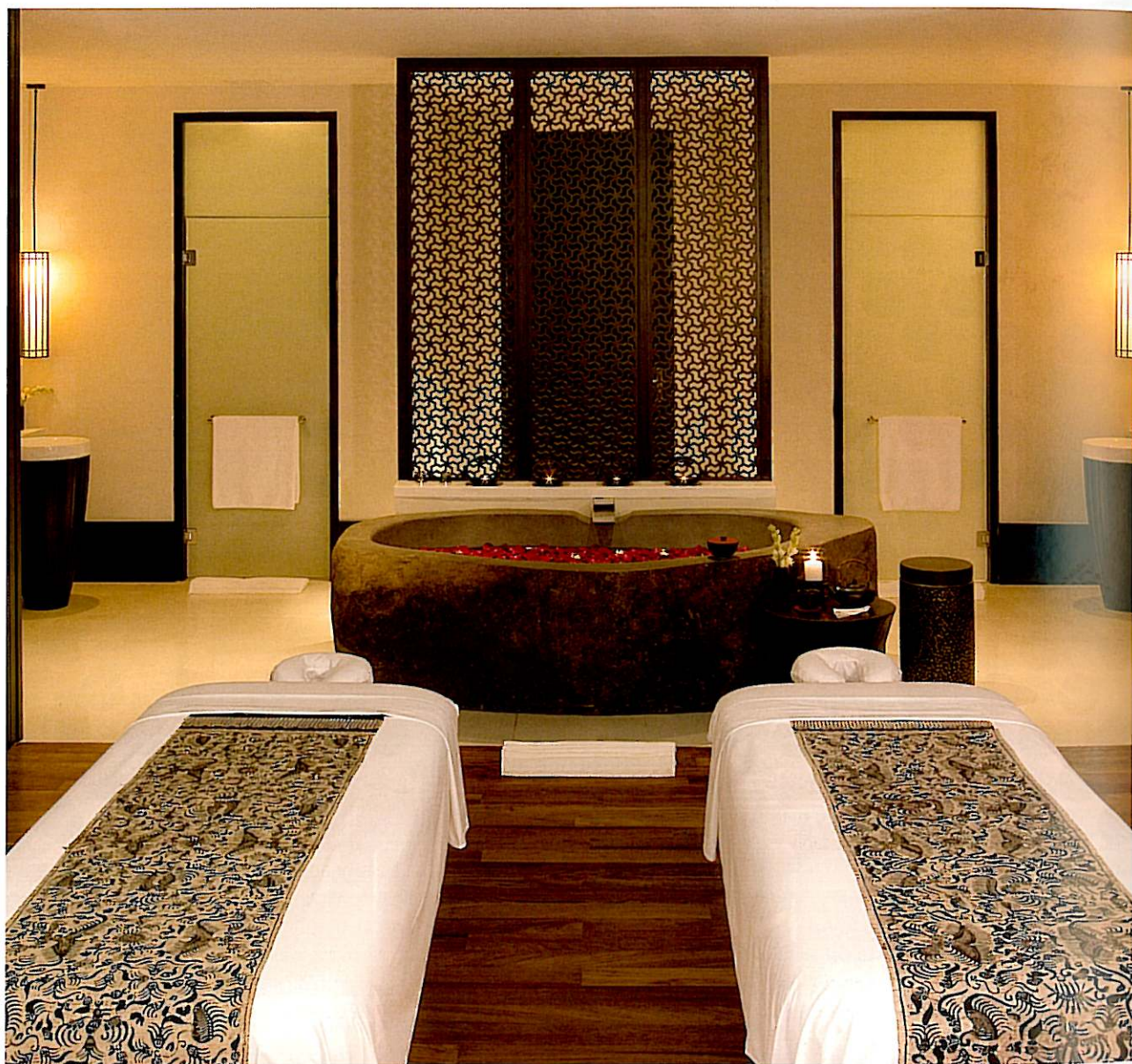
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EXCLUSIVE
THE RAJA MUDA SELANGOR
INTERNATIONAL REGATTA 2009

HRH SULTAN
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MARKET WATCH
ASIA'S ON-GOING OBSESSION
WITH LUXURY

BIJOU HAVEN



If you feel the need for a pampering session amidst luxury and tranquillity, do consider the ample charms of The Club at The Saujana's newly-opened spa.

Text Loshini Catherine John Photos Danny Lee & The Saujana



1 Dr Harald Gerny. 2 Brenda Ramen.

If you thought you'd have to go far to enjoy the luxuries of a nice decadent treatment at a posh spa, using only the best of products, think again. Located just 30 minutes from the city centre, the latest GHM spa to hit the city is located at The Club At The Saujana. "The Spa at The Club At The Saujana is unique. Here, we choose to give our customers not just a simple back rub but a holistic experience as well," explains Brenda Ramen, Director of Spas for GHM.

As opposed to lying bare on a cold and uncomfortable bed in some retail space, where you have to fight for parking and worry about queues just for an hour of bliss, The Spa at Saujana is ideally located in the midst of a tropical rainforest and is surrounded by lush greenery, offering you the perfect setting to feel rejuvenated in. Apart from having your own room, the beds come heated to the perfect temperature, leaving you cosy and comfy. "Very frequently, people only have the opportunity to pamper themselves when they are holidaying in some resort away from the city," Ramen says. "The whole idea of having our spa here is to ensure that city dwellers don't have to wait for that long-awaited holiday in order to be pampered. Now, you can just get into your car, drive for less than 30 minutes and feel as if you've been transported to a faraway place the minute you step into our spa. We want our customers to only experience the best," she goes on to explain.

Located in one of the city's finest resort hotels, The Spa promises an indulgence like no other. "Here, we give you the entire experience. It's not just about lying on a bed and getting a massage; it's about being thoroughly pampered by our specially trained masseuse with only the finest of products," enthuses Ramen. Unlike other spas where there is a risk of having to share locker rooms and baths, the spa here allows for your ultimate privacy, as each room comes with its own bath and shower, and is also surrounded by a reflective pool to add to the tranquil surroundings.

"I've been to places where I was rudely shocked when I'm in my towel and, suddenly, someone else appears in the room,"

says Ramen. "Here, we want to ensure our customers enjoy their session and are able to change and shower in the privacy of individual rooms," she adds.

The Jaya Ibrahim-designed spa, which is set in a 160-acre tropical garden, includes six single spa villas, two double spa villas, two beauty studios, a spa lounge and a spa boutique. "Guests will have a wide selection of treatments to choose from including; aromatherapy polishes, ayurvedic treatments, Balinese massages and the Himalayan hot stone massage, which is simply remarkable," she says.

The spa also offers rejuvenating beauty rituals and romantic bath ceremonies. Making its debut here in Malaysia are Med Beauty products - a Swiss brand developed by Dr Harald Gerny, which combines medical ingredients with cosmetic components for effective skin care with highly proven results. "This is definitely a step-up in skincare products," explains Dr Gerny. "With Med Beauty, it's all about giving your skin what it needs without having to go under the knife. We offer a large range of products to cater to different skin types as well as to give our customers what they need. Be it anti-aging, wrinkles, acne or so on, there is a formula for everyone," he explains.

The addition of beauty and grooming treatments make the spa an ideal one-stop centre for customers. "Dermato-medical products such as ours are becoming more popular. Having done this for more than 20 years, I am confident the product sits well with most not just for its effectiveness but also because it is extremely safe to use," he says.

Med Beauty's strong European following may also translate into a quicker customer uptake, with its comprehensive range being made available here. The Spa at Saujana opens this month and thanks to its prime location, it may not even be necessary to wait till the weekend because it works just as well for your mid-day pampering session. ■